



LODGE & HELISKIING

## What to Bring

### Single Group & Private Programs

Prior to heliskiing, all participants will be required to sign a "Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement".

#### Packing Tips

We recommend that you dress in layers while out skiing. Layering provides better protection against the cold rather than wearing one heavier layer. You may want to have an extra pair of gloves/mitts and/or an extra toque/hat. **You MUST bring your own ski or snowboard boots.** Helmets are not provided; they are not mandatory but always suggested.

Please note that there is no cell phone service at the lodge, but there is complimentary Wi-Fi.

#### Checklist

- Ski or snowboard boots (tip: take as carry-on during your flight)
- Snowboard, if required. Tyax provides a limited inventory.
- Goggles
- Gloves/mitts. Please note that heated gloves are NOT permitted.
- If needed, chemical hand warmers (2-3 pairs/day)
- Appropriate technical ski gear (layering is recommended)
- Scarf/buff (neck warmer) and/or balaclava
- Toque/wool hat and/or helmet (magnetic buckle is acceptable)
- Numerous pairs of comfortable, warm socks and/or non-Bluetooth heated socks
- Light workout clothes for morning stretch class and/or for the exercise room
- Swimsuit for hot tub/sauna/cold plunge
- Indoor shoes or slippers
- Casual and comfortable clothing for relaxing in the lodge
- Optional items: alarm clock, camera, binoculars, collapsible poles (snowboarders), sunscreen, laptop, iPad (complimentary Wi-Fi at the lodge)

#### Gift Shop

If you do manage to forget something, we have a small gift shop in the lodge that stocks most of the essentials that you will need during your stay. The shop carries a variety of clothing, base layers, and other necessities such as gloves, hats, batteries, lip balm, ear plugs, etc.

#### Luggage Limitations / Restrictions

Please limit yourself to one (preferably) soft suitcase weighing no more than 18 kilos (40 lbs.) for a 7-nt trip, plus, one small carry-on bag. Laundry service is available for a fee. Please understand we cannot exceed these limits due to space and weight restrictions.